

SEASONAL
GLUTEN FREE
SOUP

Check our monthly soup calendar for availability

- 15 Bean & Ham
- Broccoli Cheddar Chowder
- Chicken & Rice
- Chicken, Bacon, Kale & Potato
- Cilantro Lime Chicken
- Clam Chowder
- Cream of Potato w/ cheddar & Caraway
- Creamy Roasted Garlic & Vegetable
- Curried Lentil
- Indian Lentil
- Potato Pesto
- Rosemary Tomato
- Sour cream & Dill Potato Chowder
- Spicy Thai Peanut & Rice
- Split Pea
- Tomato Basil

CHILI

- Turkey Chili
- Black Bean Chili

Gluten Free Crackers
available upon request

Follow us on



GLUTEN FREE



Mon - Sat 6:30 am - 7 pm
Sunday 6:30 am - 4 pm

130 Main Street
Chico, CA 95928
www.UpperCrustChico.com
(530) 895-3866

QUICHE

Individual Crustless Lorraine

Bacon, Romano, and Swiss cheese

Individual Crustless Florentine

Spinach, Romano, and Swiss cheese

10" Crustless Lorraine

Bacon, Romano, and Swiss cheese

10" Crustless Florentine

Spinach, Romano, and Swiss cheese

Ask about our seasonal options!

SALADS

(Selection varies daily)

Balsamic Vegetable
Black Bean & Corn
Broccoli Bacon Slaw
Chicken, Almond & Cranberries
Cranberry Pecan & Wild Rice
Curried Chicken Rice
Fiesta Rice
French Herb Potato
Fruit Salad
Ginger Sesame Slaw
Pumpkin Seed Citrus Slaw
Quinoa Salad
Roasted Garlic & Lemon Broccoli
Roasted Garlic & Mint Beets
Sesame Zen
Spicy Thai Peanut Tofu
Yukon Gold Potato
More Seasonal Options, Just Ask!

Salads are available special order with a 48-hour notice

PASTRIES

Scones (Sat, Sun, Wed)

Triple Berry (Cranberry, Blueberry & Marionberry)

Apple Cinnamon

Carrot Raisin with Honey

Muffins (Mon, Thurs)

Cranberry Orange

Blueberry Orange

Cinnamon Raisin

Coffeecake (Tues, Fri)

Individual Raspberry Swirl

Apple Cinnamon



While the following products do not include ingredients containing gluten, these products are made on equipment that is shared with items containing gluten.

In addition, as a bakery, we have flour in the air and we can never guarantee that our products are 100% gluten free

SWEET TREATS

Individual Treats

Coconut Macaroon

Dipped Coconut Macaroon

French Macaron

Chocolate Chip Cookie

Flourless Chocolate Torte

Cheesecake

Cupcake

Available with a minimum order of 6 each and a 48-hour notice

PIES

Handmade daily

Gluten Free Crust available \$25.50-\$32

Granny Smith Apple
Apple Cranberry
Cherry
Marionberry
Chocolate Cream
Banana Cream
Coconut Cream
Pumpkin (Oct-Jan)

CAKES

Available in Chocolate, Vanilla and Lemon

CHEESECAKE

Many toppings available

Cheesecake

Flourless Chocolate Torte